

Book Review: *Inspire Your Career* by Patricia Barbato

Review by DeeAnn Vonde



Barbato, Patricia. (2010). *Inspire your career. Strategies for Success in Your First Years of Work.* London, Ontario: [Insomniac Press](#). (Review by PRN member DeeAnn Vonde)

best. It's a time when you have to muster your skills and move forward. It's a time to enjoy having money coming in, instead of going out, but also to realize that the sooner those debts can be paid off the better. The author invites the reader to accept the challenge of increasing their self-awareness by completing a series of "reflection exercises." A valuable tool!

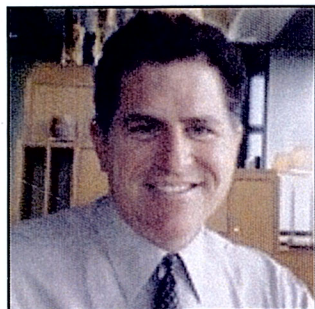
The first two thoughts that crossed my mind when reading this book were: Who can I share this with? Where was this book when I was just starting my own career?

It is such an adrenaline rush, such a relief, to get a job. You finally have a chance to put your talents to work. Yet, all too soon you are confronted with decisions that have to be made and not enough time to gather the information that you would like to have. The strategies in this book can help you work through your anxiety and make a positive contribution.

Peer Resources Network member Patricia Barbato, the Founder & President of [Inspire Your Career](#), lays it on the line. This is a time when you have to do your

I especially liked the emphasis on "making your boss look good." This is critical not only to your success and possible advancement in a job, but to your future as well. While it is so easy to get frustrated with the demands of your new job, it is very important to realize the challenges are multiplied by those in the next level.

This book shows career mentoring leader Patricia Barbato at her best. Her passion shines through in every paragraph of every chapter. Mentors, youth and adults embarking on a career, teachers preparing students for registered apprenticeship programs, teachers delivering career and life management courses will find this book valuable. (The book is available at [Insomniac Press](#).)



"As important as school was, I found that it could be very disruptive to a steady income."

~ Michael Dell ~
American technology billionaire
[Biography](#)
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